



What does a Coach Do?

The Coaching Process Explained.

So many people start with a DREAM to have a more fulfilling life, to have more success, and yet fail to get going.

Work with Bruce.

<https://www.workwithbruce.online/>

What Does A Coach Do?

A coach helps people take action, get things done, and then supports them through transitions in their lives.

Professional Coaches

- Professional coaches earn an average of over **\$200 per hour**, and most work part time...
- Coaches make over **\$17 billion per year** and growing fast...

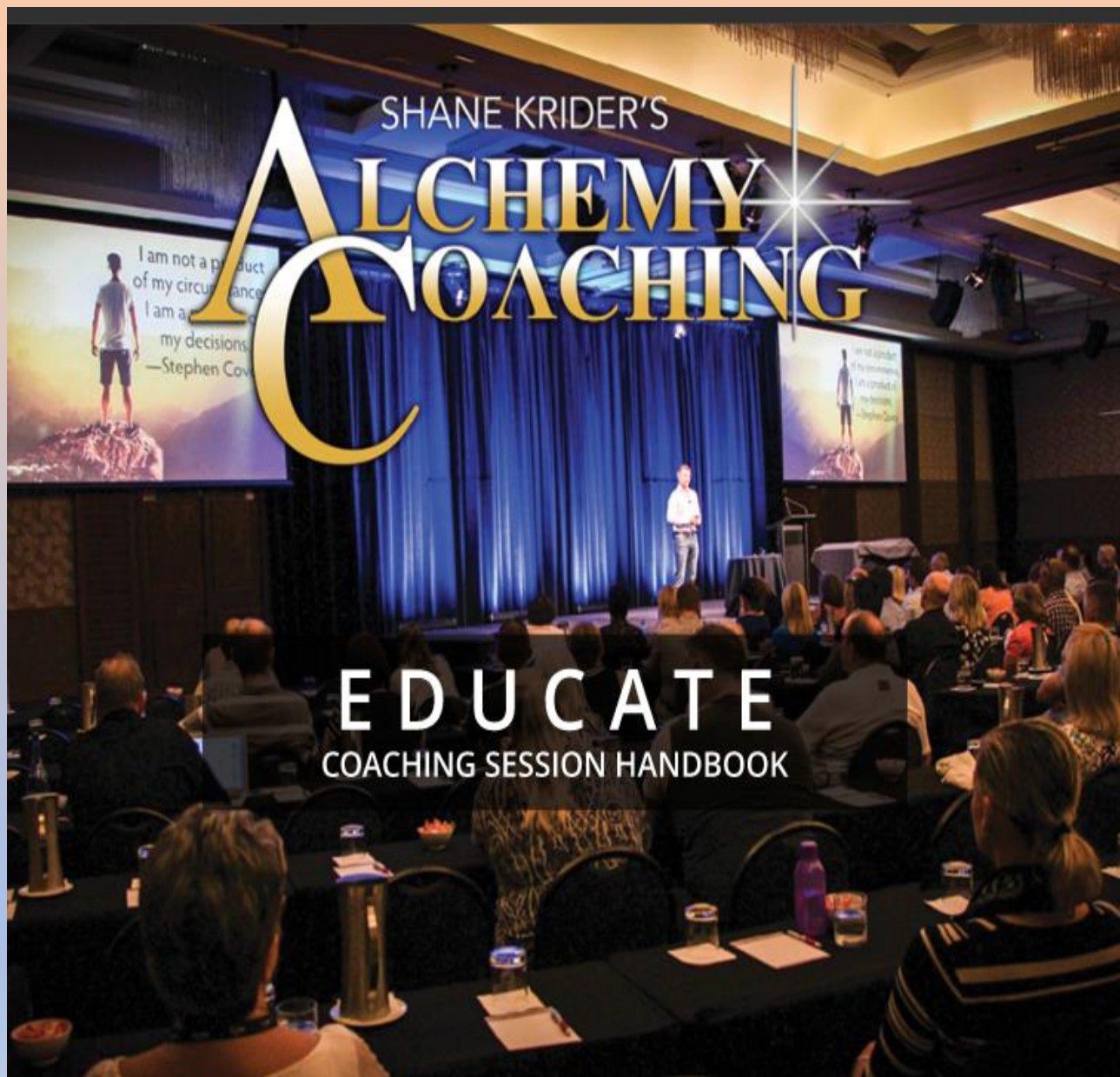
The Coach's Secret

Support your client, but let your client do the work.

That's how they grow.

“Charge What You’re Worth”

- We’ll go into the **Inner Game** of coaching
- You’ll learn to **build confidence** in yourself and your coaching...
- How to get clients to **like and trust** you as a coach...
- And how to get **paid what you’re worth**



I have spent 20 years of my life working in the space where circumstance was dictating how people were living to that effect.

This information is at the next level of understanding that circumstance is not the dictator of your result.

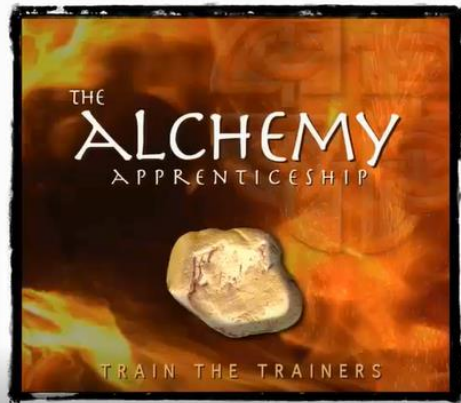
There is a formula and a process for creating a different outcome.

How to keep your Attention on your Intention.

WHY I PUT MY NAME ON THIS PROGRAM AND WHY YOU MIGHT BE PROUD TO ADD YOUR NAME AS WELL

1. High standards coupled with a big opportunity.
2. Utterly life affirming.
3. Unlimited but simultaneously practical.
4. Foundational, fundamental and elemental.
5. One of a kind tools that address root causes, not effects.

SHANE KRIDER'S
ALCHEMY
COACHING



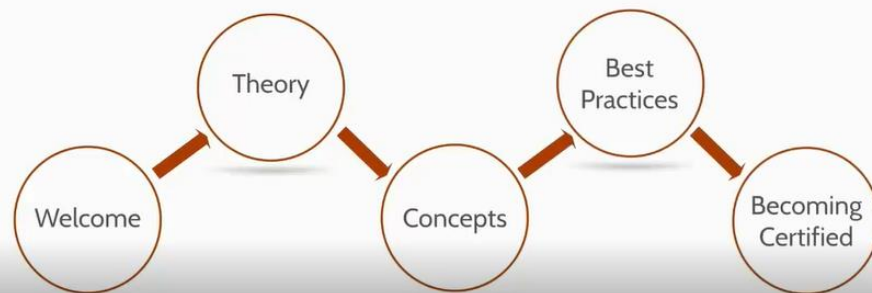
EMPOWERMENT COACHING



To be a great coach you need to be the Zero Point. The source point. And so does the person you are coaching.



AGENDA



Be the Zero Point. Be the source for what you truly desire. Live into your greatest possibilities. Embrace your power to manifest a brand new reality.

BE THE CURATOR OF YOUR SELF/WORLD IMAGE

- Understanding the Fractal Nature of Consciousness.
- You are not broken.
- You don't need to fix yourself.
- Take actions internally and externally to curate these images.



Discipline 1

OPTIMAL SOLUTION OR OPTIMAL CHALLENGE?

- What really makes us feel alive, raises our self esteem and our emotional state?



Discipline 3

CONFRONTING POTENTIAL

- Looking forward is looking at raw potential.
- Diverse pattern recognition is required to see opportunities.
- Seeing new patterns is a muscle that needs to be developed.



Discipline 2

WHAT DO YOU WANT?

- For yourself?
- For your family?
- For your community?
- For the world?
- For the future world?



Discipline 4

We will explore what these mean in terms of changing and nurturing your progress.



The Four Agreements

- **BE IMPECCABLE WITH YOUR WORD**

Speak with integrity. Say only what you mean. Avoid using the word to speak against yourself or to gossip about others. Use the power of your word in the direction of truth and love.

- **DON'T TAKE ANYTHING PERSONALLY**

Nothing others do is because of you. What others say and do is a projection of their own reality. When you are immune to the opinions and actions of others, you won't be the victim of needless suffering.

- **DON'T MAKE ASSUMPTIONS**

Find the courage to ask questions and to express what you really want. Communicate with others as clearly as you can to avoid misunderstandings, sadness, and drama. With just this one agreement, you can completely transform your life.

- **ALWAYS DO YOUR BEST**

Your best is going to change from moment to moment; it will be different when you are healthy as opposed to sick. Under any circumstance, simply do your best, and you will avoid self-judgment, self-abuse, and regret.

"If the ladder is not leaning against the right wall, every step we take just gets us to the wrong place faster."

- Stephen R. Covey



<https://youtu.be/PLfT9l0U1CE>

For you to achieve a greater understanding of the “Break the Shackles” coaching package, you should have an understanding of these books.

Both are available on my website.

Connect www.brucerossonline.com

PAULO
COELHO

THE ALCHEMIST

A MAGICAL FABLE ABOUT FOLLOWING YOUR DREAM

THE INTERNATIONAL BESTSELLER

The first steps of any process starts with Taking Action.

The questions:

What was your intention in registering for this session.(your motivation).You are looking for a solution to something; Money, lifestyle or feelgood.

What do you want to achieve?

So you know what you want to become?

Where are you NOW? Physically, emotionally and financially.

Where do you want to BE? What's your La Dolce Vita look like?

What is your ideal day/week/partner/etc?

What's your biggest Challenge so far?

What is your ideal solution???

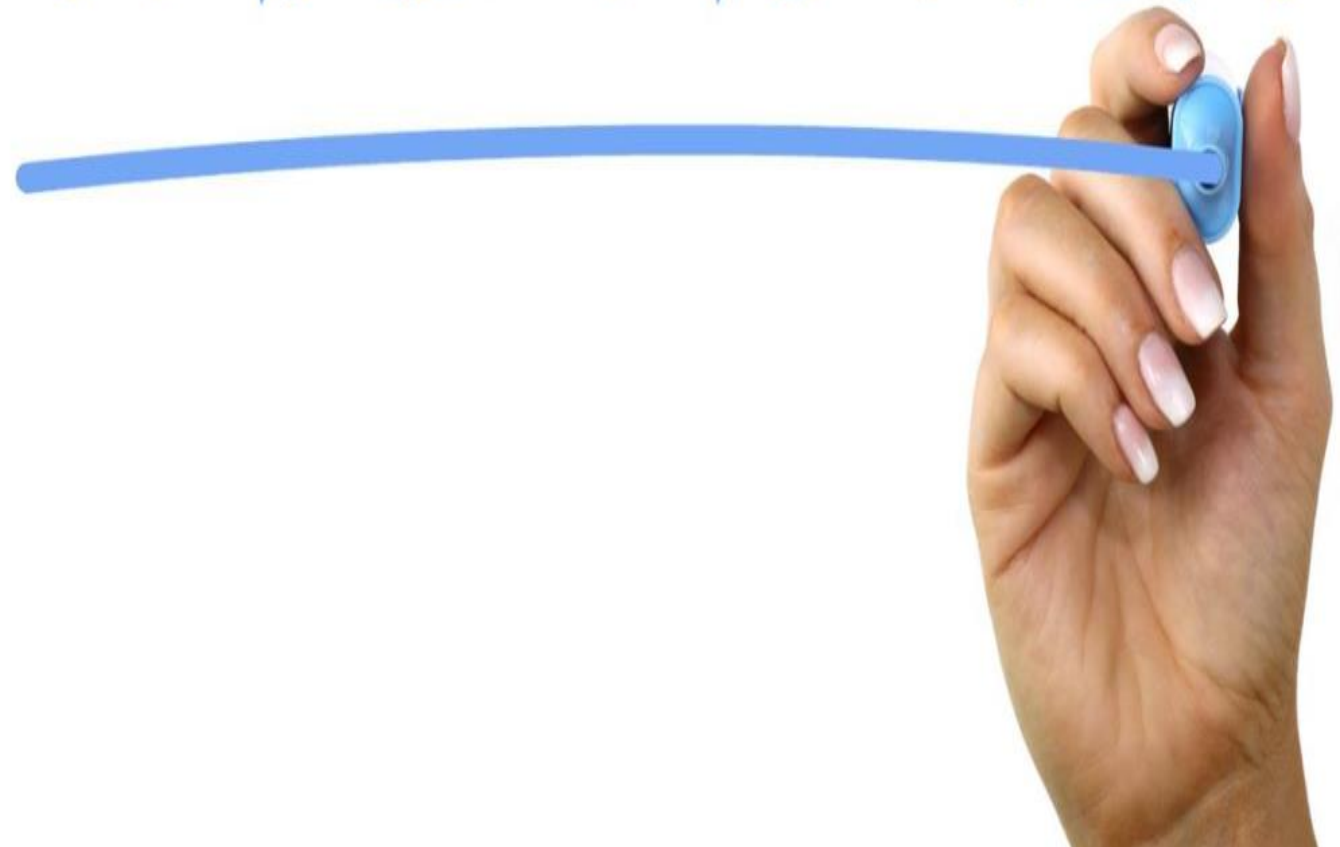
What would you like to be known for?

Revenue 12 months/ 2years.

How important is this for you?

What does it look like for you, if I can answer all your questions and concerns today.

TAKE ACTION



Conscious mind 10%

- Critical thinking
- Logical thinking
- Short term memory
- Willpower

The conscious mind tries to use willpower to control behaviours, habits & beliefs but loses out to the subconscious minds greater influence.

Subconscious mind 90%

- Beliefs
- Creativity
- Developmental stages
- Emotions & feelings
- Habits & addictions
- Imagination
- Intuition
- Long term memory
- Protective reactions
- Values

Hypnosis uses this part of the mind for change.



This process is designed to give you a plan to assist you with creating your La Dolce Vita.

What we will present to you is designed to help you understand why you are where you are, and create the foundation to a different and accountable way of thinking. To know for yourself.

Know for yourself where you are now. No judgement

Exercise1

Just record the significant milestones, good and bad.

Time line of your life thus far...financial, relationships, feelings and your aspirations. Break into three sections:

Childhood/work life(ups and downs.. school sports results relationships kids family etc, first serious relationship.

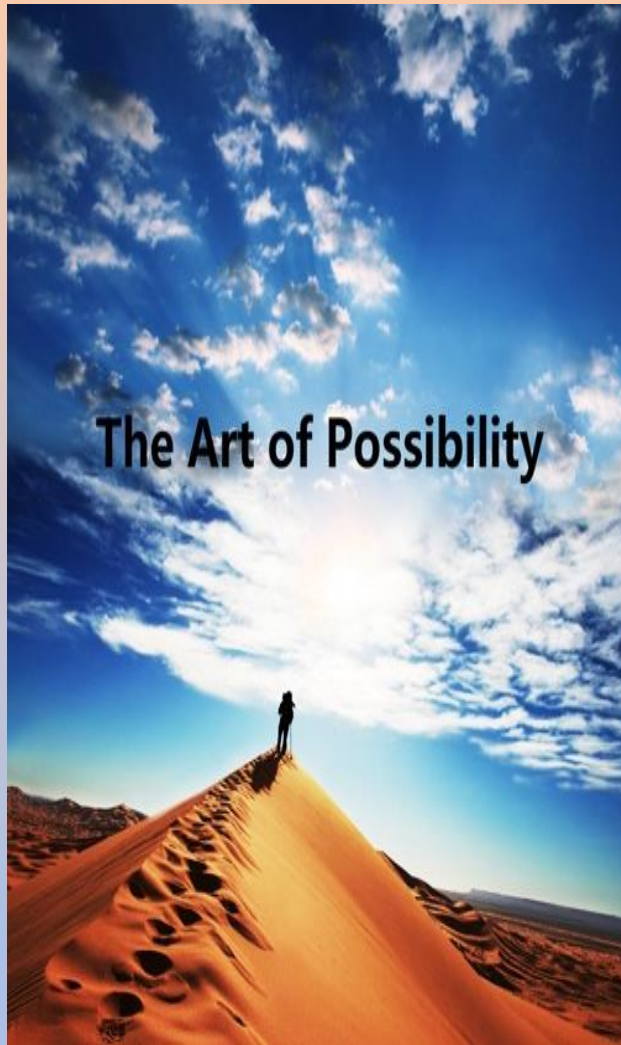
Work life/ now.....result do you have?

Now till deathwhat's the plan (your intention)

Just observe the time line....

From my perspective, you are looking for a solution to something.

If your life is not what you want then change has to take place.? do you accept that?



How we learn:

Internal world is created by your five senses. Sight smell touch hear taste. And importantly we learn “rules” and “rewards and punishment.”

These you interpret initially due to your environment, and later as you interpret what you experience based upon those five senses.

How you interpret those leads to your

BEHAVIOUR WORLD.

This world comes to you from your feelings (based on your interpretation of reality created by you with your five senses. Feelings >Actions>Habits>create your life. (your behaviours or Paradigm)

Exercise 2.

Examine your real world as it is right now, and see if you can examine choices you have made in the past that have led to results that you are experiencing right now.

Use your time line and the wheel of life as tools to assist. Don’t judge, just observe everything about your past life.

HOW WE LEARN:

Conscious mind:

Higher faculties of the mind: reason, perception, intuition will memory and imagination;

Live consciously?

Unconscious Mind:

This is built over time by your senses and becomes habits. The default system. There is hidden triggers installed in this default system, by the feelings that were attached to how you viewed them at the time.



How to Create Change:

The reality is that this can be challenging, because you now have to live consciously.(why you need a coach).

How do you deal with Change?

Comfortable?/uneasy e.g. new school? New workplace? New people.

How do you deal with the required mindset.

How do you deal with the emotion.

With the fear? (real and unreal?)

How do you deal With expectations?

How do you deal With your beliefs? (important)

Beliefs are the drivers of human behaviour.

Have you ever had a good intention but were unable to stay focused on that intention (diets, exercise etc)

Summary Process.

The natural success mindset has been installed since birth. You just need to find it again.

Your five senses may have hidden it, (thoughts feelings habits action= behaviour)

Confidence. You had it once. It just needs to be found again. Its like a passport, you either have it or you don't. Lost your passport...get a new one...re-install a different operating system and be consciously choosing your thoughts. (product range 17 days and beyond freedom).

Evaluate the doubts that pop up and question them. They are just lessons to correct the thoughts. Make the decision to be confident.

Persistence. You always have had this. Think about a skill you learnt (driving, work related, game etc) where you persisted until you learnt it. You had the persistence because you knew where you were going.

Do the actions: stack the deck in your favour with as much activity as you can.

Join our Start from Scratch Program: Access the information Here: Register for a Info session. This program is limited to 5 people at a time.

Have the Result: Create and live your designed life, your La Dolce Vita.

Understanding



What Is the Hawthorne Effect?

The Hawthorne Effect is the inclination of people who are the subjects of an experimental study to change or improve the behaviour being evaluated only because it is being studied and not because of changes in the experiment parameters or stimulus.

The Hawthorne Effect

Although this concept is difficult to predict, it never the less seems to be consistent.

What gets measured gets improved.

The need for a coach:

To put it bluntly, what gets measured gets results.
Where are you?

Will your Vehicle (business/service) provide the
Results you are looking for?

Why most still Fail??

Most of us think from the past(memory) and its
difficult to think from the future.

Immerse yourself in new learnings....and activities.

Where do you place your energy...here and now, or
in the past memories.

In the here and now ..you can think about your
thinking.

Believe in possibilities, means you believe in
yourself. What you seek is seeking you. The
principle of correspondence.

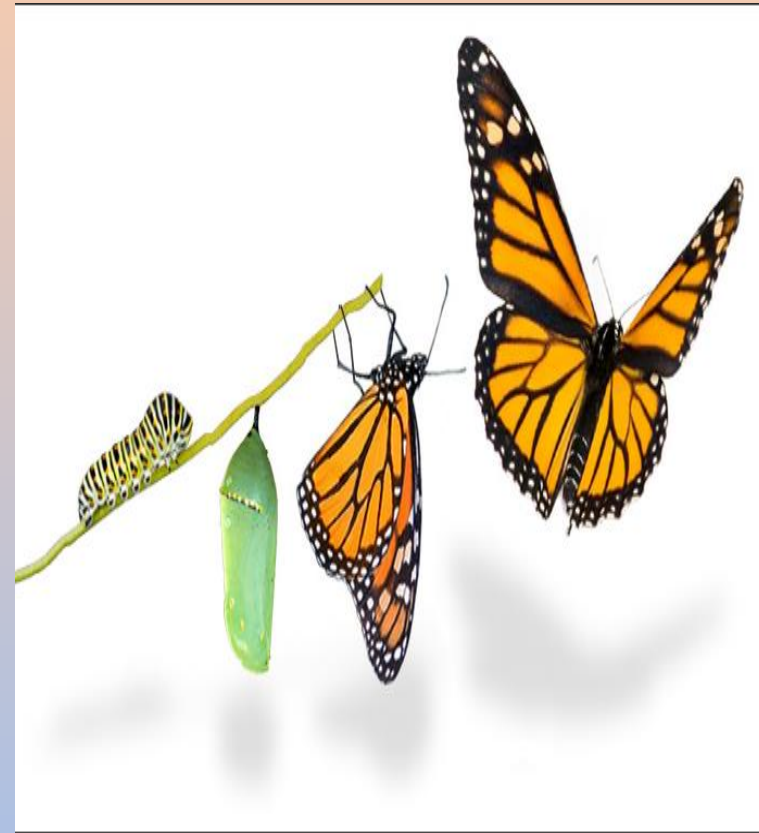
Brain and heart coherence. That's your La Dolce
Vita.



The Transformation has taken place.

What does that mean?

- 1) Have the results.
- 2) Have the ability to Enjoy
- 3) Have the ability to live your La Dolce Vita
- 4) Have the ability to do more.
- 5) Have the ability to Pay it Forward.
- 6) Have the ability to Choose.
- 7) Have FREEDOM, the ability to do what you want, when you want, with whoever you want, for as long as you want.





LEAD, TEACH, LEARN

Discover the right path for you

Knowing .

Its important to focus on Habit 2.

Start with the end in mind.

For me its my La Dolce Vita, my good life.

Then I found the ideal structure, systems and products that I could relate to.

I had a story, a life of results, good and bad, that I could put to use in this space.

I have always wanted to be of benefit to others.

Summary

A. Find your voice

1. Discover your own voice
2. Express your voice

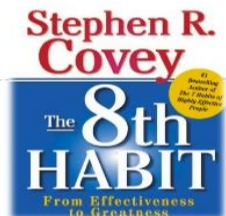
B. Inspire others to find their voices

► FOCUS

1. Expand your influence
2. Be trustworthy
3. Build trust
4. Blend other's voice
5. Create a common vision

► EXECUTION

1. Align goals and systems
2. Empower others



<https://youtu.be/SAd-rJc9sas>

Become a Client/Student.

The break the shackles, the next step is the next best step.

When you take the next best step, our one to one coaching will begin.

Outline of what to expect.

You can have a discussion with me by booking a time on the Facebook page.



Student/Client

Your Transformation is your priority

As a Prosperity Of Life Student or Client you will receive the very best training and coaching available today. You will be introduced to concepts so powerful that you will begin to understand what Transformation is really about and what is actually possible.

There are two way to participate, and we recommend a combination of both. One, you can progress your way through our course and seminar lineup, and two, you can be put in contact with a certified Prosperity Of Life, Life or Business Coach, and experience new levels of insight and clarity.



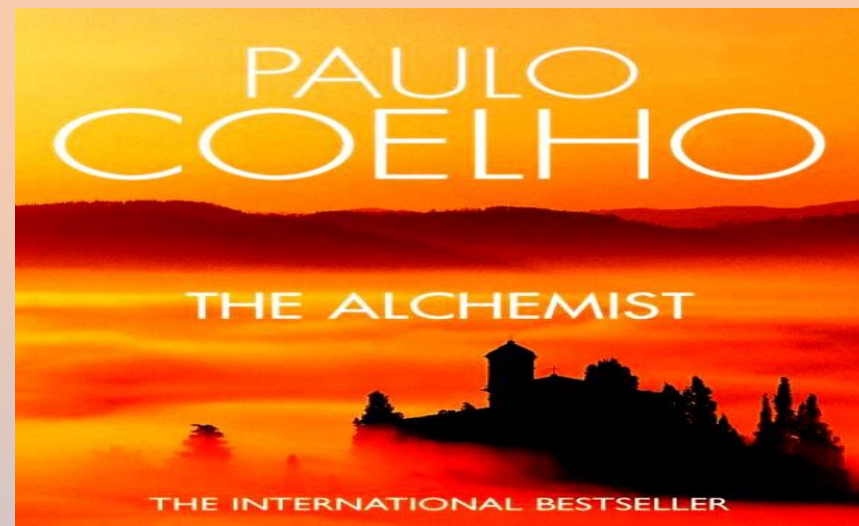
Life/Business Coach

Person to person Transformation

Not all Coaches are equal. There are certain aspects of your unique personality that can give you an edge. That being said, you are only as good as your tools. Most coaching focuses in at the level of problem solving and incremental growth. This can be a painfully slow and tedious process that leaves both the Coach and the Client flat.

While this type of Coaching can be very useful for fine tuning it becomes increasingly complex and difficult as you try to pin down the exact issue to create the desired outcomes.

If you're ready to get unparalleled wins with your clients, there is an alternative approach. We will teach you to target something much more fundamental. And when you shift something fundamental, everything else shifts as a byproduct.



Master Of Destinies Coaching Training

Understanding the mind to become a Coach or just a more capable leader.

One of the biggest obstacles to transformation is the stubborn belief in incremental change. Real change is rarely incremental.

Emotions, behaviour and life or situation outcomes are the by-product of the *story* one has created about life and what role they have cast themselves in. As an example, most people see themselves as a victim, at least to some degree, in the story of their life.



Is This You?

As a network Director you are fulfilling Habit 8.

Finding your voice and inspiring others.

Your life story, your skills your ability to transform the life's of others by sharing your story and connecting it to your Leadership skills.

Utilising the S>A>M process.



Network Director

Maximum earning potential

A Network Director is not a Coach. A Network Director earns money by doing three things:

1. Selling our Courses, Trainings and Seminars.
2. Enrolling new members into your Network to sell these products.
3. Enrolling others to become Business or Life Coaches.

A "Network" is the name we give to the collective of individuals you have a business relationship with. Your Network includes the Directors, Coaches and Clients/Students who are linked to you. Check out the Compensation Plan video to better understand how these relationships are created and all of the ways you get paid as a Network Director.



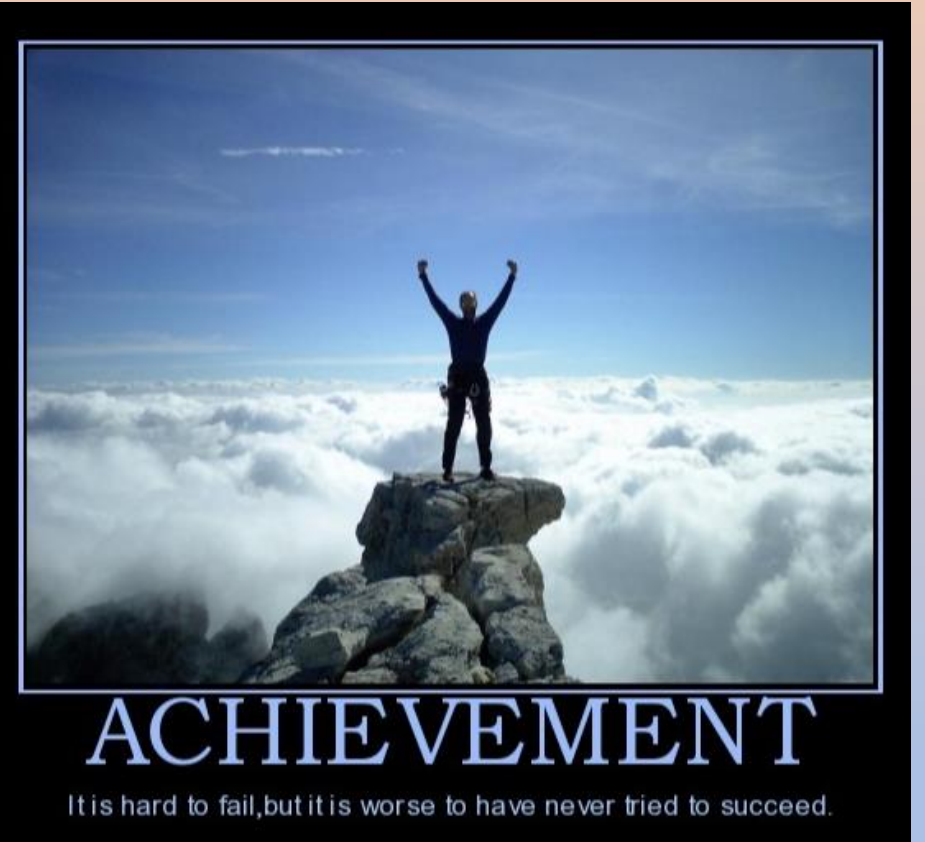
Many of us need to have our hands held in the initial stages of BECOMING something that we have not been before.

If you genuinely wish to leave your story behind, and write the next chapter in your life, we have our available our “Team Tjilipi” program.

Its limited to 5 people at a time. Want to know if this is for you?

Details are inside my membership area which you can access here.

<https://www.brucerossonline.com/>





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E: bruceforonlinesuccess@gmail.com

Lets have a chat and see how this is a fit for you. Book on the page here.

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